This is the title theme on the CD Ocean’s Edge. Like “Sunrise,” it was composed at the Back Bay Wildlife Refuge in southeastern Virgina. The melody has a reserved cheerfulness that sounded just right with the gentle surf and the faint ocean breezes at first light of dawn that inspired it.

Like many other human activites, music often ignores the natural world. As a biologist and a naturalist I strive to see the connectedness of all things. Sometimes this gets reflected in the music. Music heard outdoors with the sounds of nature can be delightful and especially powerful for relaxation, healing, and meditation. On the two CDs Ocean’s Edge and Flowing Waters music is recorded in the natural setting of moving water to gently reaffirm our reverence for the wild places and our oneness with the world around us. See also the tune “Flowing Waters.”

### Turtle Love

When troubles make you feel at sea
Remember that I love but thee.
Let beauty of both Sea and Earth
Remind you of our loving's worth.
The gentle Turtles have a home
And carry it where e're they roam.
It shelters them from storms above
Like my all
surrounding Love.
If truly we be Ocean sprung
And Dreams endure since time begun,
Love gentle Creatures of the Sea.
Protect them well,
And think of Me.

For Carrie
Christmas 2002