

Ocean's Edge

Sam Rizzetta © 1993

♩ = 115

The musical score for "Ocean's Edge" is written in 4/4 time with a tempo of 115 beats per minute. It consists of five staves of music. The first staff begins with a treble clef, a key signature of one flat (B-flat), and a 4/4 time signature. The melody starts with a quarter rest, followed by quarter notes G4, A4, Bb4, and C5. A repeat sign follows. The second staff continues the melody with quarter notes C5, Bb4, A4, and G4, then quarter notes F4, E4, D4, and C4. The third staff features a first ending with a quarter note G4 and a second ending with a quarter note F4. The fourth staff continues with quarter notes E4, D4, C4, and Bb3, then quarter notes A3, G3, F3, and E3. The fifth staff concludes with quarter notes D3, C3, Bb2, and A2, followed by a final cadence. Chords are indicated above the notes: F, C, F, Bb, C, F, F, C, F, Bb, C, F, Bb, C, F, C, Bb, C, F.

This is the title theme on the CD *Ocean's Edge*. Like "Sunrise," it was composed at the Back Bay Wildlife Refuge in southeastern Virginia. The melody has a reserved cheerfulness that sounded just right with the gentle surf and the faint ocean breezes at first light of dawn that inspired it.

Like many other human activities, music often ignores the natural world. As a biologist and a naturalist I strive to see the connectedness of all things. Sometimes this gets reflected in the music. Music heard outdoors with the sounds of nature can be delightful and especially powerful for relaxation, healing, and meditation. On the two CDs *Ocean's Edge* and *Flowing Waters* music is recorded in the natural setting of moving water to gently reaffirm our reverence for the wild places and our oneness with the world around us. See also the tune "Flowing Waters."

Turtle Love

*When troubles make you feel at sea
Remember that I love but thee.
Let beauty of both Sea and Earth
Remind you of our loving's worth.
The gentle Turtles have a home
And carry it where e're they roam.
It shelters them from storms above
Like my all*

surrounding Love.

*If truly we be Ocean sprung
And Dreams endure since time begun,
Love gentle Creatures of the Sea.
Protect them well,
And think of Me.*

For Carrie
Christmas 2002